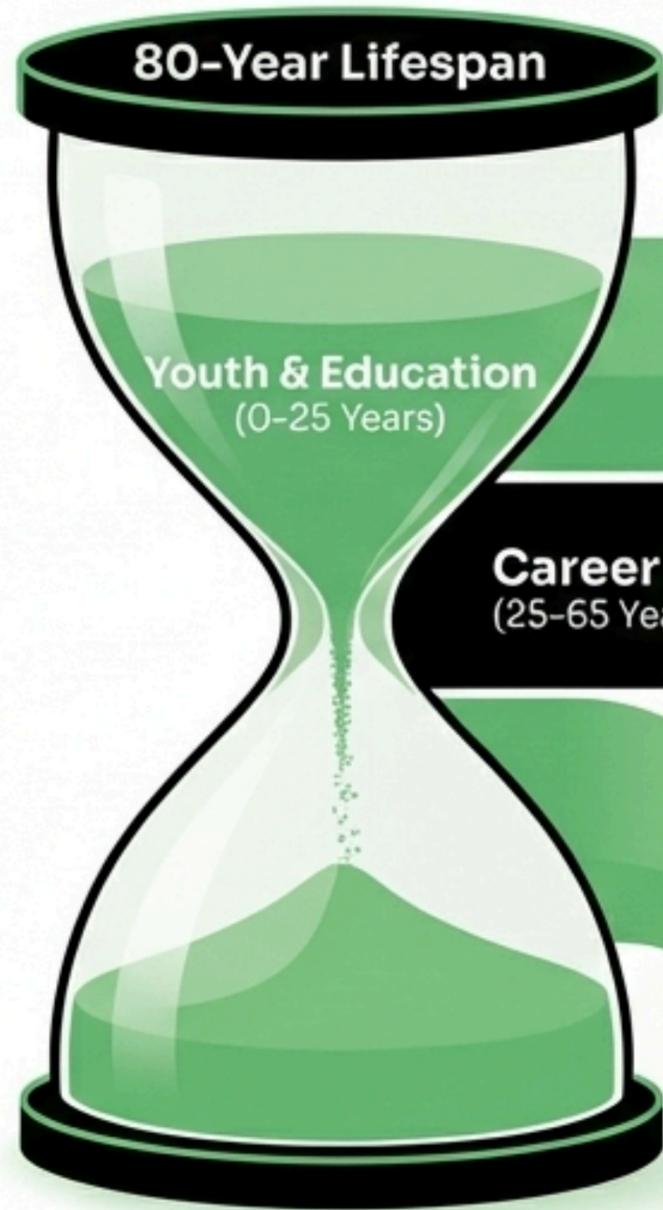




**TIME  
IS YOUR MOST  
PRECIOUS  
COMMODITY**



# The 12.7 Year Reality: Where Does Your Time Go?



**The Sleep Tax:**  
One-third of your  
entire life is spent  
unconscious.



**13,383** Days Remaining  
Post-Youth

After 25 years of education and  
subtracting 1/3 of life for sleep.



**8,750**  
Days to Career

Based on working 40  
hours weekly until  
retirement at age 65.



- Milestone: Life at Age 25 (20,075 Days)
- Milestone: After Sleep (13,383 Days)
- Milestone: After Work (4,633 Days)



**Personal  
Fulfillment  
& Fun**

**12.7** Years to  
Live a Lifetime

Only 4,633 days  
remain for personal  
fulfillment and fun.

**“** Don't wait until you're  
old: Questioning if  
health will permit a fun  
lifestyle after age 65.

# About Me

## The Path to Practice

• 2002



### Medical School Graduation

Completed medical school before entering a specialized residency program.

2006



### Residency Completion

Finished residency training specifically in the field of emergency medicine.



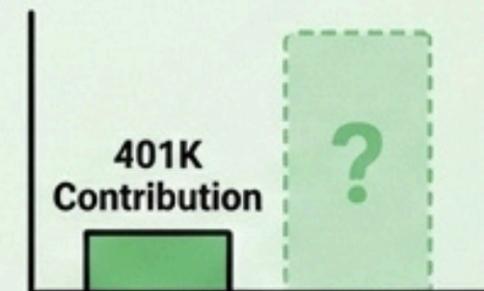
### Strong Work Ethic Foundation

Influenced by a family background focused on hard work and opportunity.



### High Income, Low Strategy

Earned significant income but lacked focus on passive income or long-term planning.



### Standard 401K "Saving"

Relied on basic 401K contributions without broader investment awareness.

## The "Hot-Shot" Mindset

"What could go wrong?"



Professional overconfidence in clinical skills masked a lack of financial preparation.

